

# CARDINAL CUSHING SCHOOL WEEKLY MENU

## DECEMBER 5 - 9, 2022

DAY	OPTION 1	OPTION 2	SIDE 1	SIDE 2	SOUP
MON. 12/5	BBQ Pulled Pork on Toasted Roll	Chicken Caesar Salad Caesar Dressing Whole Grain Croutons	Ranch Slaw	Apple Slices	Turkey Noodle
TUE. 12/6	Beef Stew Whole Grain Roll	Buffalo Chicken Wrap (Spinach & Red Onions)	Baby Carrots with Hummus	Fruit & Granola Blend	Tomato Basil
WED. 12/7	Chicken Nuggets Assorted Dipping Sauces	Chef Salad French Dressing Wheat Thins	Sweet Potato Fries	Fresh Grapes	Beef Barley
THU. 12/8	American Chop Suey	Roasted Turkey Club Sub (Bacon, Lettuce & Tomato) Pretzels	Herbed Green Beans	Mixed Berry Cup	Chicken Minestrone
FRI. 12/9	Broccoli & Cheese Flatbread	Tuna Salad on Kaiser Roll Baked Chips	Baby Spinach Salad Ranch Dressing	Sliced Peaches	Clam Chowder
	ALL LUNCHESES INCLUDE: Choice of Milk Seasonal Fresh Fruit Assorted Low Fat Yogurt				