

# CARDINAL CUSHING SCHOOL WEEKLY MENU

## NOVEMBER 7 - 11, 2022

DAY	OPTION 1	OPTION 2	SIDE 1	SIDE 2	SOUP
MON. 11/7	Chili Baked Tortillas	Grilled Chicken Salad Italian Dressing Whole Grain Roll	Sliced Cucumbers with Ranch Dressing	Fresh Orange Sections	Turkey Vegetable
TUE. 11/8	Balsamic Turkey Tips	Baked Ham & Swiss Cheese Croissant Pretzels	Veggie Orzo	Maple Glazed Carrots	Beef Noodle
WED. 11/9	Early Release Bagged Lunches (See Email For Selections)				
THU. 11/10	American Chop Suey	Roast Turkey Florentine On Schiacciata (Turkey, Provolone Cheese & Spinach)	Seasoned Mixed Vegetable	Fruit & Granola Blend	Vegetable
FRI. 11/11	Fish Sandwich Tartar Sauce Baked Chips	Grilled Cheese on Wheat Bread Goldfish	Coleslaw	Fresh Grapes	Tomato
	ALL LUNCHES INCLUDE: Choice of Milk Seasonal Fresh Fruit Assorted Low Fat Yogurt				