

CARDINAL CUSHING SCHOOL WEEKLY MENU

SEPTEMBER 5 -9, 2022

DAY	OPTION 1	OPTION 2	SIDE 1	SIDE 2	SOUP
MON. 9/5	Labor Day Holiday				
TUE. 9/6	Pulled Pork on Toasted Roll	Roasted Turkey & Cheese Pocket Pretzels	Corn & Black Bean Rice	Blueberry Yogurt Parfait	Chicken Noodle and Vegetable
WED. 9/7	Grilled Spinach & Tomato Quesadilla *Grilled Cheese Available	Grilled Chicken Salad Ranch Dressing Wheat Thins	Pasta Salad	Watermelon	Mushroom Barley
THU. 9/8	Turkey Pot Pie Corn Bread Cranberry Sauce	Classic Italian Wrap (Ham, Salami & Provolone Cheese) Lettuce, Tomatoes & Onions	Herbed Green Beans	Applesauce Granola	Beef and Vegetable
FRI. 9/9	Tuna Salad on Whole Grain Roll	Roasted Broccoli & Cheese Flatbread	Sweet Potato Puffs	Fresh Grapes	Fish Chowder
	ALL LLUNCHES INCLUDE: Choice of Milk Sesaonal Fresh Fruit Asst. Low Fat Yogurt				