

CARDINAL CUSHING SCHOOL WEEKLY MENU

JANUARY 17 - 21, 2022

DAY	OPTION 1	OPTION 2	SIDE 1	SIDE 2	SOUP
MON. 1/17	Holiday Martin Luther King, Jr. Day				
TUE. 1/18	Beef Pot Pie Biscuit	Roast Turkey Wrap Florentine Goldfish	Baby Carrots with Hummus	Strawberry Cup	Chicken Rice and Vegetable
WED. 1/19	Turkey Meatball Sub	Deli Egg Salad (Salad with Egg Salad, Lettuce, Tomatoes and Cucumbers) Whole Grain Roll	Roasted Green Beans	Fresh Grapes	Sausage & White Bean
THU. 1/20	Chicken Fingers Dipping Sauce	Baked Ham & Swiss Cheese on Kaiser Roll Pretzels	Vegetable Fried Rice	Pineapple	Beef Noodle
FRI. 1/21	BBQ Ribs Sandwich Baked Chips	Garden Cheddar Salad Italian Dressing Whole Grain Croutons	Black Bean Slaw	Fruit Cocktail	Broccoli
	ALL LUNCHESES INCLUDE: Choice of Milk Seasonal Fresh Fruit Assorted Low Fat Yogurt				