

# CARDINAL CUSHING SCHOOL WEEKLY MENU

## JANUARY 10-14, 2022

| DAY          | OPTION 1  | OPTION 2  | SIDE 1                | SIDE 2                            | SOUP               |
|--------------|---|---|-----------------------|-----------------------------------|--------------------|
| MON.<br>1/10 | Chicken Filet Sandwich<br>BBQ Chips   | Greek Salad Wrap  | Baby Carrots          | Fresh Grapes                      | Turkey Noodle      |
| TUE.<br>1/11 | Spaghetti with Meat Sauce   | Balsamic Turkey Tip Salad<br>Ranch Dressing<br>Pita Chips | Roasted Broccoli      | Blueberry<br>Yogurt Parfait       | Mushroom Barley    |
| WED.<br>1/12 | <b>EARLY RELEASE DAY<br/>BAGGED LUNCHES</b><br>(SEE EMAIL FOR SELECTIONS)                 |   |                       |                                   |                    |
| THU.<br>1/13 | Rustic Sausage Melt<br>*Grilled Cheese Available  | Taco Salad<br>Salsa<br>Baked Tortillas                    | Homestyle Baked Beans | Sliced Apples                     | Chicken Florentine |
| FRI.<br>1/14 | Pub Style Fish Sandwich<br>Tartar Sauce   | Three Cheese Quiche                                       | Sweet Potato Puffs    | Fresh Veggies<br>with<br>Tzatziki | Clam Chowder       |
|              | ALL LUNCHES INCLUDE:<br>Choice of Milk<br>Seasonal Fresh Fruit<br>Assorted Low Fat Yogurt |   |                       |                                   |                    |