

CARDINAL CUSHING SCHOOL WEEKLY MENU

DECEMBER 6 - 10, 2021

| DAY | OPTION 1 | OPTION 2 | SIDE 1 | SIDE 2 | SOUP |
|---------------|---|--|---|---------------------|-------------------|
| MON. 12/6 | Chicken Filet Sandwich | Roast Beef Pocket (Roast Beef & Greens) Pretzels | Fresh Veggies with Ranch Dressing | Chilled Peaches | Turkey Vegetable |
| TUES. 12/7 | Southwest Burrito (Turkey Taco, Black Beans, Cheese & Corn) | Garden Cheddar Salad French Dressing Whole Grain Cup | Spanish Rice | Fresh Grapes | Kale & White Bean |
| WED. 12/8 | Grilled Italian (Ham, Salami & Provolone Cheese on Italian Bread) *Grilled Cheese Available Upon Request | Tuna Salad on Whole Grain Roll | Pasta Salad | Sliced Apples | Beef Barley |
| THU. 12/9 | Beef Lo Mein Bowl | Grilled Chicken Salad Ranch Dressing Wheat Thin | Herbed Green Beans | Pineapple Chunks | Chicken & Orzo |
| FRI. 12/10 | Cheese Pizza | Mediterranean Wrap Tzatziki Dipping Sauce | Baby Carrots | Strawberries | Broccoli |
| | ALL LUNCHESES INCLUDE: Choice of Milk Seasonal Fresh Fruit Assorted Low Fat Yogurt | | | | |