

CARDINAL CUSHING SCHOOL WEEKLY MENU

OCTOBER 11 - 15, 2021

DAY	OPTION 1	OPTION 2	SIDE 1	SIDE 2	SOUP
MON. 10/11	Columbus Day				
TUE. 10/12	BBQ Pulled Pork on Toasted Wheat Roll	Garden Chicken Caesar Salad Caesar Dressing Whole Grain Crouton Cup	Baked Beans	Sliced Apples	Chicken Vegetable
WED. 10/13	Tomato & Spinach Quesadilla *Grilled Cheese Available	Baloney & Cheese Sub Pretzels	Roasted Brussel Sprouts	Fresh Grapes	Butternut Squash
THU. 10/14	"National Dessert Day" Grilled Lemon & Basil Chicken Brown Rice Pilaf	Harvest Cheddar Salad (Greens, Cheddar Cheese, Apples & Cranberry) Pumpkin Bread	Maple Glazed Carrots	Pineapple	Beef and Vegetable
FRI. 10/15	Baked Macaroni & Cheese	Roast Turkey Wrap Baked Chips	Garden Salad Ranch Dressing	Craisins	Clam Chowder
	ALL LUNCHESES INCLUDE: Choice of Milk Seasonal Fresh Fruit Assorted Low Fat Yogurt				