

# CARDINAL CUSHING SCHOOL WEEKLY MENU

## NOVEMBER 16 - 20, 2020

DAY	OPTION 1	OPTION 2	SIDE 1	SIDE 2	SOUP
MON. 11/16	Chicken Rice Casserole Cranberry Sauce	American Deli Wrap (Ham, Bologna & American Cheese)	Fresh Veggies with Tzatziki		Pumpkin Soup
TUE. 11/17	Grilled Cuban Panini	Garden Cheddar Salad Italian Dressing Blueberry Bread	Sliced Apples		Vegetable Soup
WED. 11/18	Baked Ziti Garlic Bread	Stir Fry Chicken Wrap	Fresh Grapes		Turkey & Kale Soup
THU. 11/19	Whole Wheat Steak & Cheese Sub	Deli Turkey Salad Ranch Dressing Wheat Thins	Baby Carrots	Lo Fat Yogurt Parfait	
FRI. 11/20	Chicken Wings Vegetable Fried Rice	Tuna Salad Pocket Baked Chips	Diced Peaches		Clam Chowder
	<b>ALL LUNCHESES INCLUDE:</b> Choice of Milk Seasonal Fresh Fruit Assorted Low Fat Yogurt				