



## A Message from President and CEO:

*John F. Von Ahn*

Dear all,  
We hope this e-newsletter finds you well. As you can see from the photos in the above slideshow, there have been many festive happenings throughout the Cushing Community this fall that our students and adults have enjoyed.

At this time, I would like to take a moment to extend our warmest thanks and appreciation to all of you for caring for our community. From those of you who are signed up to support our **inaugural 5k**, to the generosity of the Cook

Family Charitable Foundation, to Eagle Scout Liam Martin and his Dad for the time they spent sprucing up our neighborhood, we could not do our good work without the support of our Cushing Community members. Cardinal Cushing Centers is better because of all of you.

If you are looking for a way to give back to Cushing, please consider making a gift to the **Opportunity Fund** this year. Your support makes it possible for us to enhance our programs and provide the very best care for the students and adults with disabilities that we support.

With appreciation,

John F. Von Ahn  
President & CEO

# Your Miles Count For Cushing

**This fall Cushing kicks off its inaugural Run to Change Lives in Milton as well as our call for runners for the Cushing 2020 Boston Marathon Team.**

Best Buddies &  
Cardinal Cushing Centers'

**RUN TO  
CHANGE  
LIVES**

Run, Walk or Roll!

**11.23.19**



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On Saturday, November 23rd runners and walkers of all abilities are invited to participate in Cardinal Cushing Centers' inaugural Run to Change Lives Run, Walk, or Roll! This event was formally hosted by Best Buddies of MA and RI.

Registration will begin at 7:30am at Cunningham School, 44 Edgehill Road, Milton, MA. Runners participating in the 5K will start at 9:00am. Walkers participating in the 1-mile walk will follow shortly afterwards. Prizes will be awarded to top finishers by age category, as well as for the top fundraising teams.

Event sponsors include Harvard Pilgrim Health Care, Guardian Life, NFP, Voya, Montilio's Baking Company, Comprehensive Benefit Administrators, The Raymond Family, HFI, Elliot Physical Therapy and many more. R3Bilt of Milton will lead a fun warm-up prior to the race.

Montilio's Baking Company will provide a pizza truck and DJ Rick DeSanctis will be our entertainer. Did we mention the top fundraising team will win a gingerbread party from Montilio's Baking Company?

Registration for walkers is free; runners must pay a \$25 registration fee. To register online, create a fundraising team, or learn about sponsorship opportunities, please visit [www.ccruntochangelives.org](http://www.ccruntochangelives.org).

If you have any questions regarding the Run to Change Lives, please contact Ricky DeSisto at 781-829-1289, or [rdesisto@cushingcenters.org](mailto:rdesisto@cushingcenters.org)



If you have always dreamed of running the Boston Marathon, now is your chance! You can accomplish a lifelong goal and give back to Cardinal Cushing Centers at the same time. Charity runners are a truly amazing part of the Boston Marathon and we hope you will consider joining their ranks this year wearing Cushing blue.

In 2019, John Hancock Marathon Charities raised over \$38.7 million. You, too, can be a part of something great. Cardinal Cushing Marathon Team Members will be asked to raise a minimum of \$10,000 and cover the race

registration fee of \$370. Funds raised will help us continue our important work of changing the lives of individuals with intellectual disabilities and their families. We will provide our 2020 Boston Marathon runners with all the tools and resources to have a successful training and fund-raising season.

If you have any questions regarding the Cushing Boston Marathon Team, please contact Laurie Maranian at 781-829-1247, or [lmaranian@cushingcenters.org](mailto:lmaranian@cushingcenters.org)

# Cook Family Fund



*Peter Cook Sr., far left, and Peter Cook Jr., far right, presented a check to Cushing's Vice President of Development Jansi Chandler and President and CEO John Von Ahn.*

On July 22nd, 2019, The Cook Family Charitable Fund hosted a golf tournament at Indian Ponds Country Club. Cardinal Cushing Centers was fortunate to be the beneficiary of the tournament fundraising, resulting in a generous \$40,000 contribution to purchase generators for our homes for adults with disabilities. Knowing our residents will be provided for in case of an outage is such a relief as winter approaches. The generators will lessen the impact a storm could have upon our residents and ease the uncertainty for our staff. Jordyn Cook graduated from Cardinal Cushing Centers' school program, where she was a residential student for four years, in the spring of 2019. She has since transferred to Cushing's programs for adults.

During her tenure as a student, The Cook Family Charitable Fund supported a number of initiatives at Cushing, including the capital campaign to construct our new MarketPlace Building. We are deeply grateful for their ongoing support.



*Jansi Chandler, VP of Development; Jody Boardman Nash, Board Member; Aileen Eley; and Volunteer Elaine Cosseboom at the Cook Family Charitable Fund Golf Tournament.*

# Eagle Scout Gives Back

We would like to extend our warm thanks and appreciation to Troop 38's Eagle Scout candidate, Liam Martin, for his most excellent work cleaning up and caring for the area around the Portiuncula Chapel and Stations of the Cross. He and his Dad completed a ton of work over the summer and in the early part of fall to spruce up this historic part of our Hanover community. Liam cleared brush and debris from the entire walking path and power washed each of the stations, providing a much needed face lift to a part of our neighborhood that offers peace, prayer, and tranquility to many visitors. We are pleased to report Liam received the honor of Eagle Scout upon completion of this project.

