

# CARDINAL CUSHING SCHOOL WEEKLY MENU

## MAY 13 -17, 2019

DAY	OPTION 1	OPTION 2	SIDE 1	SIDE 2	SOUP
MON.	BBQ Steak and Cheese Wrap	Roasted Turkey & Gouda Cheese on Whole Grain Roll Cheez its Cup	Fresh Veggies (Carrots, Cucumbers & Tomatoes) with Ranch Dressing	Craisins	Turkey Noodle
TUE.	Chicken Marinara with Whole Wheat Penne	Greek Salad Greek Dressing Pita Bread	Roasted Green Beans	Fresh Grapes	Kale & White Beans
WED.	Turkey Burger Pretzels	American Ciabatta (Bologna, Salami & American Cheese)	Sliced Lettuce and Tomato	Italian Salsa	Beef Rice
THU.	Grilled Cuban Panini Pickle Cups	Chicken Caesar Salad Whole Grain Croutons Caesar Dressing	Baby Carrots	Pineapple Chucks	Chicken Vegetable
FRI.	Mac & Cheese	Tuna Salad on Kaiser Roll Baked Chips	Garden Salad Italian Dressing	Sliced Apples	Corn Chowder
SP/1	ALL LUNCHEES INCLUDE: Choice of Milk Seasonal Fresh Fruit Assorted Low Fat Yogurt				