

CARDINAL CUSHING SCHOOL WEEKLY MENU

MARCH 4-8, 2019

DAY	OPTION 1	OPTION 2	SIDE 1	SIDE 2	SOUP
MON.	Steak and Cheese Wrap	Roasted Turkey & Gouda Cheese on Croissant Pretzels	Garden Salad	Apple Slices	Chicken Barley
TUE.	Turkey Chili Baked Bread Sticks	Middle East Salad (Grilled Balsamic Chicken, Spinach, Cucumbers, Onions and Chic Peas) Pita Chips	Celery Sticks	Sliced Peaches	Beef Noodle
WED.	Penne with Marinara Sauce	Grilled Tuna Melt on Multigrain	Roasted Green Beans	Baby Carrots	Butternut Squash
THU.	St. Patrick's Day Iron Kettle BOXED LUNCHESES				
FRI.	Fish Tacos Chopped Lettuce , Tomatoes and Shredded Cheese Baked Chips	Veggie Burger with Lettuce & Tomatoes	Rice Fiesta	Fresh Grapes	Corn Chowder
W-2	ALL LUNCHESES INCLUDE: Choice of Milk Seasonal Fresh Fruit Assorted Low Fat Yogurt				