

# CARDINAL CUSHING SCHOOL WEEKLY MENU

## JANUARY 7 - 11, 2019

DAY	OPTION 1	OPTION 2	SIDE 1	SIDE 2	SOUP
MON.	Chicken Sandwich Baked Chips	Chef Salad Wheat Thins	Sliced Lettuce and Tomato	Peaches	Vegetable
TUE.	American Chop Suey	Turkey Caprese On Wheat Kaiser Roll (Roasted Turkey, Provolone & Tomato)	Roasted Green Beans	Fruit Cocktail	Beef Barley & Mushroom
WED.	Grilled Chicken & Broccoli Flatbread Pizza	Baked Ham & Swiss Cheese in Wheat Pita Pretzels	Baby Carrots	Fresh Grapes	Onion Soup
THU.	Balsamic Turkey Tips Brown Rice	Grilled Cheese on Whole Wheat Pickles Spears	Vegetable Medley	Apple Slices	Chicken Florentine
FRI.	Three Cheese Frittata	Pub Style Fish Filets Tartar Sauce Coleslaw	Baked Beans	Garden Salad	Clam Chowder
W-1	ALL LUNCHEES INCLUDE: Choice of Milk Seasonal Fresh Fruit Assorted Low Fat Yogurt				