

CARDINAL CUSHING SCHOOL WEEKLY MENU

DECEMBER 2 - 7, 2018

DAY	OPTION 1	OPTION 2	SIDE 1	SIDE 2	SOUP
MON.	Chicken Filet Sandwich Baked Chips	Greek Salad with Whole Wheat Pita	Sliced Lettuce & Tomatoes	Fruit Cocktails	Vegetarian Vegetable
TUE.	Spaghetti and Meatballs	Roast Turkey & Swiss on Whole Wheat Wrap Trail Mix	Roasted Brussels Sprouts	Craisins	Minestrone
WED.	Grilled Spinach & Tomato Panini Pickles Spears	Chili with Baked Tortillas	Celery Sticks	Strawberries	Chicken Rice
THU.	Roast Beef & Provolone Cheese Ciabatta Roll Pretzels	Grilled Chicken Salad Wheat Thins	Baby Carrots	Fresh Grapes	Turkey Barley
FRI.	Broccoli & Cheese Frittatas	Fish Sticks Tartar Sauce Cheez Its	Ranch Slaw	Mandarin Oranges	Seafood Chowder
F-1	ALL LUNCHESES INCLUDE: Choice of Milk Seasonal Fresh Fruit Assorted Low Fat Yogurt				