CARDINAL CUSHING SCHOOL WEEKLY MENU
AUGUST 15 - 19, 2022

DAY	OPTION 1	OPTION 2	SIDE 1	SIDE 2	SOUP
MON. 8/15	Steak & Cheese Wrap	Turkey Bacon Garden Salad Ranch Dressing Wheat Thins	BBQ Baked Beans	Watermelon	Bok Choy Chicken
TUE. 8/16	Baked Ziti Garlic Bread	Ham Bahn Mi (Ham, Swiss Cheese, Cucumber and Red Onions)	Herb Green Beans	Sliced Peaches	Beef Barley
WED. 8/17	Rustic Grilled Cheddar Melt *Plain Grill Cheese Available	Beef Pot Pie Flaky Crust	Carrots Sticks	Fresh Grapes	Turkey Vegetable
THU. 8/18	*POP CULTURE DAY* *THE 2000's*	*Mexican Chicken Bowl* *(Fajita Chicken, Spanish Rice, Tomatoes and Monterey Jack Cheese)* *Blueberry Yogurt Parfait* *Captivating Cupcakes*			
FRI. 8/19	Flatbread Cheese Pizza	Egg Salad on Whole Grain Roll Baked Chips	Garden Salad Italian Dressing	Fruit Cup	Corn Chowder
	ALL LUNCHES INCLUDE: Choice of Milk Seasonal Fresh Fruit Assorted Low Fat Yogurt				

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