

### **Cardinal Cushing Centers**

provides individuals of all ages and abilities opportunities to discover the benefits of a supportive and vibrant intergenerational community. We are proud of our nationally recognized opportunities for learning, working, living and playing together.

Caring and engaging, at every stage of life — from school age, through adulthood and the elder years.

Possibility. Opportunity. Hope.







# ADULT FAMILY CARE



Providing care and financial support to help adults with disabilities live in a safe and familiar home.

www.CushingCenters.org

## What is the AFC Program?

Adult Family Care provides a licensed family setting living arrangement to adults who are unable to live alone due to physical, emotional, or developmental disabilities.

The program is for adults who need daily help with personal care, but want to live in a family setting. The caregiver provides meals, personal care assistance, supports their activities in the community and provides the needed supervision.



## Who is eligible for AFC Programs?

#### **Member Eligibility**

- Eligible members must be at least 16 years of age and unable to live alone and require assistance with at least one activities of daily living (bathing, dressing, toileting, transferring between positions, ambulating or eating).
- Individuals must be MassHealth eligible and have a written order for AFC from their physician.

#### **Member Benefits:**

- Live with a trained caregiver who provides assistance with daily care.
- You will have your personalized "Plan of Care" monitored by AFC staff to ensure your well being.
- Social activities and sports programs are offered through our Adult Services Recreation Department

## Who can be an AFC Caregiver?

- Parents, siblings, or other interested adults, who can provide care for an individual with a qualifying disability.
- AFC caregivers can not be a guardian or spouse of the member.
- The AFC caregiver must complete an application process, including a CORI check, medical examination and home study.
- AFC caregivers must also participate in yearly trainings, complete daily caregiver logs and participate in monthly home visits.

### How we select Caregivers...

We choose potential caregivers very carefully - even if they're a family member. Every caregiver goes through a screening process, including:

- An initial telephone screening.
- Completion of a written application.
- Personal background checks, including reference checks and a criminal offender record information (CORI) check.
- A face-to-face interview in the caregiver's home.
- A home assessment.

### The First Steps to Begin the AFC Process...

If you're interested in learning more about Cardinal Cushing Centers' AFC program, or to begin the process of applying as a member or caregiver, please contact:

#### **Contact:**

Pat Conley
Director Adult Family Care
Phone: 781-829-4608
Email: pconley@CushingCenters.org



Cardinal Cushing Centers 405 Washington Street Hanover, MA 02339 www.CushingCenters.org